

## **BIO DATA**

Name : Dr. Pankajpreet Singh

Sex : Male

Marital Status : Married

Nationality : Indian

Languages Known : English, Hindi, Punjabi

Contact No. : (0)9781533615

**Designation:** Assist Prof. Physiotherapy Department, SGGSWU, Fatehgarh Sahib

## **Professional Qualification :**

**Pursuing Ph.D degree**

**Master of Physiotherapy (Neurology)**

**Bachelor of Physiotherapy**

## **Paper presentations**

1. **Effect of Nerve Mobilization on Vibration Perception Threshold in Diabetic Peripheral Neuropathy.** Gain Sagar Physiocon, 2010, at Gian Sagar College of Physiotherapy, Ram Nagar, Rajpura.
2. **Survey Study on Visual, Auditory and Kinesthetic Learning style in school going Children in Patiala.** 1st International Conference of Physiotherapy & Sports Sciences, at Punjabi University, 2007, Patiala.
3. **Women's Health and Sports.** International Conference on Mainstreaming Gender: Issues & Challenges, 2011, at Punjabi University, Patiala
4. **Assessment of Sacroiliac component of low back pain. A review article.** 50th annual conference of the Indian association of physiotherapists, 2012, New Delhi.
5. **Traditional Bone setting practice in Punjab: A preliminary study.** 3rd International Conference on Manual Therapy, 2013, Chandigarh.

## **Paper publications**

1. **Range of Motion (ROM): A Selecting Measure of Sports Persons {Male and Female at different Ages}** *Journal, Punjab Academy of Sciences 4 (1&2) (2007) pp: 124-137.*
2. **A study on efficacy of muscle energy technique as compared to conventional therapy on hip joint range of motion in chronic low back pain of sacroiliac origin.** *Journal of advanced researches in biological sciences.* (2010) 2(2): 26-31.
3. **Assessment of Sacroiliac component of low back pain. A review article.** *Journal of Advanced Researches in Biological Sciences.* (2011) 3(2): 159-164.
4. **A study on efficacy of muscle energy technique as compared to conventional therapy in chronic low back pain due to sacroiliac joint dysfunction.** *Indian journal of Physiotherapy and Occupational Therapy.* (2012) 6(1): 200-203.
5. **Effect of nerve mobilization on vibration perception threshold in diabetic peripheral neuropathy.** *Indian journal of Physiotherapy and Occupational Therapy.* (2012) 6(3): 189-195.

6. **Traditional Bone setting: Origin and Practice.** *International Journal of Therapeutic Application.* (2013) 13:19-23.

7. **Volkman's Ischaemic contracture. A sequelae to bone setting.** *International Journal of Current Research* (2015) 7(3): 13981-13982.

### **Awards**

1. First Physio in Punjab to get a “**State Award**” for Distinguished services in physiotherapy by Hon' CM, Punjab on 26/01/2014.

2. **1st prize for poster presentation** entitled “Enhancing sports performance with biofeedback training” in National Seminar on “Nurturing sports through science” at Punjabi University, Patiala on 27 Sep, 2013.

### **Work experience**

1. **Physiotherapist (Common Wealth Games-2010)**

At Sports Authority of India, NS, N I S. Patiala (8th June 2009 to 30 Sep 2010)

\_ Participated as a Resource person in Sports Physiotherapy Workshop (08-3-2010 to 13-3-2010) AT SAI NS NIS Patiala.

2. **Worked for Departmental Health Fitness and Rehabilitation Consultancy**

(Oct 2010 to June 2011), Department of Sports Science, Punjabi University, Patiala.

3. Physiotherapist (**Neurology specialist**) at Civil Hospital, Sec 6, Panchkula (03-06-2011 to 22-11-2011).

4. Physiotherapist, Civil Hospital, Sangrur (2011-2012)

5. OSD to Honourable CM, Punjab (2012-2014).