

Dr. Sarvjot kaur

Asst.Professor

Sri Guru Granth Sahib World University,

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Objective:- To begin my career as Physical Therapist at a highly-reputed and eminent educational institute or Hospital and to gain exceptional career move ahead through long efforts and performance regularity.

Summary of Qualifications:

- Highly satisfied research and teaching aptitude
- Consistent and outstanding academic records throughout my education
- Crystal clear understanding of the underlying principles of the subject and its relevancy to other domains
- In-depth knowledge of various techniques and approaches applied at a research project
- Perfect knowledge about the common job duties of a lecturer and ability to perform them efficiently
- A little familiarity with the general administrative environment at educational institutes and idea about their practices
- Highly innovative in depicting the subject matter to the students/audience, using traditional methods as well as modern aids
- Mastery in Punjabi, Hindi and English communication.
- Superb proficiency at computer aided teaching and research tools and the web search engines

Highlights of Qualifications

- Determine appropriate treatment for injury
- Accurately diagnose and are involved in the preparation and recovery of patients from major surgeries.
- Evaluate physical recommendations

- Assess physical condition of patients to diagnose problems
- Plan appropriate treatments
- Utilize graduated exercise programs involving postural drainage, chest physiotherapy, breathing and relaxation exercises.
- Performed chest physiotherapy and postural drainage in I.C.U
- Use equipment including hot packs, traction, cold packs and electrical treatments to ease pain, improve range of motion and reduce swelling
- Retrain patients to walk
- Maintain patient records (documentation)

Academic education:

Name of Institute	University/Board	Percentage Marks	Year of passing
Post-Graduation in M.P.T(Cardiopulmonary) from Punjabi University, Patiala(Punjab)	Punjabi University ,Patiala (Punjab)	76.11 % with distinction in cardiopulmonary subject (University Medal Holder)	May 2013
Graduation in B.P.T from D.A.V. Institute of Physiotherapy & Rehabilitation, Jalandhar (Punjab)	Baba Farid University Of Health Sciences, Faridkot (Punjab)	62.11%	May-June 2010
10+2 From Govt .Girls Sr. Sec. School, Gurdaspur.	Punjab School Education Board	65.77%	March 2006
Matric (10 th) From Little Flower Convent School, Gurdaspur (Punjab)	I.C.S.E, New Delhi.	65%	March 2004

Research Experience:-

Worked as JRF (Project fellow) in the U.G.C's major project entitled "**Association of Insulin, Leptin, Apo-lepo A and B with Anthropometric measurements and whole body DEXA Scan in the newly diagnosed type-2 Diabetics and comparasion with the non-diabetic population of Amritsar**" in the department of Sports Medicine & Physiotherapy, Guru Nanak Dev University,Amritsar under the guidance of Dr.Shweta Shenoy (Principal Investigator and present HOD of the department) From 2/sept/2013 till the tenure of the project i.e 30/June/2014.

PAST EXPERIENCE

- Worked as Senior Physiotherapist and OPD Incharge at Fortis Hospital,Mohali From 29 Sept 2014 to 28th July 2015

