

**SRI GURU GRANTH SAHIB WORLD UNIVERSITY, FATEHGARH
SAHIB**

**PARGAAS-Enlightenment
The Youth Fest-2016
(November 03-04, 2016)**

Rule Book



**PARGAAS-Enlightenment
The Youth Fest-2016**

(November 3-4, 2016)

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GENERAL RULES

1. All participants must bring their institutional IDENTITY CARDS while reporting for the competition.
2. Participants reporting late will not be allowed to participate in the competition.
3. Participation certificates will be awarded to all the participants.
4. Entries should be certified by the Director/Principal/Head of the departments of the institutions.
5. All the teams are requested to send their entries latest by **25th October, 2016** on the **Email id: youthfest@sggswu.edu.in** Registration form is attached with the rule book.
6. Attractive gifts and mementos will be awarded to the winning teams.
7. There will be no participation fees for any event.
8. The team may be accompanied by a maximum of two faculty members.
9. No TA/ DA will be provided to any participant or faculty.
10. All the participants should report at the registration counter by 8:30 a.m. sharp. The list of venues will be provided on the registration counter.
11. Green rooms will be provided by the host University.
12. Any indiscipline on the part of any participant will lead to disqualification of his/her institution from the event.
13. A Student cannot participate in parallel sessions.
14. Decision of the Judges will be final and binding.
15. If any institution wants to avail the accommodation facility, please send prior information with the registration form at the above given mail.
16. Transport facility will be provided by university from Sirhind bus stand and railway station to the university campus.
17. If any student is found carrying any kind of weapon with him or found under the influence of alcohol or any other intoxicant within the Campus of University, strict disciplinary action will be taken against him. The case may be reported to the police.
18. Rule book for PARGAAS-Enlightenment (The Youth Fest- 2016) is available on University website. "www.sggswu.edu.in"
19. If participants are belonging to school then only senior secondary (10+1 and 10+2) students can participate.
20. Please contact the following conveners for any queries regarding the events.

S.No	Events	Convenor
1.	RANGOLI , BEST OUT OF WASTE FACE PAINTING, T-SHIRT PAINTING, DOCUMENTARY	Ms. Shruti Aggrawal 9803698036
2.	AD MAD SHOW, EXTEMPORE, DECLAMATION, QUIZ	Ms. Harpreet Kaur 8283805191
3.	SCIENCE MANIA: WORKING, NON- WORKING MODEL, COLLAGE MAKING , POSTER MAKING	Dr. Bhupesh Goyal 9988110514
4.	KAVITA UCHARAN, CREATIVE WRITING, GATKA, KAVISHRI GAYAN	Dr. Hardev singh 9888019505
5.	TUG OF WAR, CHESS, ONLINE GAMING	Dr. Somanpreet Singh 9464332703
6.	MALWAI-GIDDHA, GIDDHA, BHANGRA	Dr. Inderpal Singh 8872963151
7.	FOLK ORCHESTRA, GROUP SHABAD, GEET/GHAZAL SOLO, FOLK SONG/ LOK GEET, VAAR GAYAN, GROUP SONG INDIAN	S. Harpreet Singh 9878897313
8.	SKIT , MIMICRY ,MIME	Ms. Kiratbir kaur 9501779399

RULES FOR EVENTS

1. RANGOLI

- a) Each team should consist of a maximum of 2 participants.
- b) Size of *rangoli* should be 3*3 ft.
- c) Time limit for each team will be 90 minutes.
- d) Participants should bring their own material.
- e) It has to be theme based.
- f) Participants should use only colors. No use of glitters, tattoos, pulses, flowers etc. is allowed.

2. BEST OUT OF WASTE

- a) Each team should consist of a maximum of two participants.
- b) Time limit for each team will be 90 minutes.
- c) Each team should bring their own material. The material should be relevant to the theme.
- d) Ready-made model/matter will not be accepted in any case.
- e) Marks will be based on the presentation .The demonstration of presentation should not exceed five minutes

3. FACE PAINTING

- a) Each Team will consist of two members.
- b) Participants are required to bring their own partner.
- c) Time duration will be 90 minutes.
- d) Participants have to bring their own colors or any other material required.

4. T-SHIRT PAINTING

- a) Time limit will be 90 minutes.
- b) The participants are required to bring their own material (white T-shirt etc.)
- c) It has to be theme based and participants have to create their own theme.
- d) The design must be new, creative, clear and appropriate for theme.
- e) The design must fit in T-shirt dimension i.e. (8X10 inch), horizontally and vertically.
- f) Use only white plain T-shirt for painting.

5. DOCUMENTARY MAKING

- a) Duration of documentary should be between 3-5 minutes.
- b) Each team can have a maximum 3 members, individual participation is also allowed.
- c) Content should be original, plagiarism in any case will not be accepted.
- d) All documentaries will be censored before the final event.
- e) Good camera resolution and voice quality for videos should be used.
- f) Entries should be sent through Director/Principal/Head of respective university/School/College and they must certify that documentary prepared for presentation is purely their own work.
- g) Documentaries should be based on social issues like women empowerment, respect of senior citizens, drugs and youth, unemployment in our society etc.
- h) University will provide multimedia facilities to run documentaries; however participants can bring their own laptops.
- i) The format of video should be easy to play; Hosts will not be responsible in any case if the video fails to play.
- j) The videos which fail to play for any reasons will be automatically eliminated from the competition.

6. Clay Modeling

- a) A team of two members from one institution can participate.
- b) Participants are expected to carry all the material such as clay, paints, brushes, etc. needed for modeling the sculptures.
- c) The participants will be judged on the basis of their creativity, originality, refinement and overall presentation.
- d) Time limit will be 90 minutes.

7. AD MAD SHOW

This Competition is to provide a platform to explore the creativity and presentation skills of the participants. It is expected that they should get equipped with the knowledge of AD- Making and its Live Execution. The Ad should contain essentials of Advertisement i.e Clarity, Creativity, Appeal and Simplicity.

- a) The participants must produce an advertisement for a product/ service in a proper, logical and appealing manner.
- b) The Ad should not contain any obscene words/ comments/ language.
- c) A team can consist of 2- 4 participants.
- d) Each team will be given 3-5 minutes for presentation of the AD.
- e) Each Ad should contain a Brand Name (created) and a Punch Line.
- f) Judgment will be on the basis of Creativity, Originality, Customer Appeal, Stage presence, Attire and Punch Line
- g) Use of Props is allowed.
- h) The Disobedience of Rules shall lead to disqualification

Services / Products for AD Making

- Shoes
- Mobiles/ Tablets
- Fairness Cream for men
- Matrimonial Service
- Soft Drinks/Mineral Water
- Online Shopping Site
- Deodorant
- Food Processor
- Eco-Friendly Car
- Washing Soap/Powder
- Educational Institute
- Financial Advisor/Consultant
- Baby Food
- Sports Equipment's

8. EXTEMPORE

- a) The topic will be given two minutes before the starting time and the participant will be given two minutes to speak on the topic.
- b) Only one student from an institution can participate.
- c) The participant can speak in English, Hindi or Punjabi language.

9. DECLAMATION

- a) Topics:
 - Access to Justice: Constitutional Parameters and Challenges in India.
 - Global Terrorism – The Fight Against Terrorism
- b) Time limit will be 3-5 minutes.

- c) Use of English or Punjabi is allowed.
- d) Paper reading is not allowed.
- e) The uses of any abusive word will lead to disqualification.
- f) Any speaker using any kind of personal comments for any person, religion, etc. will be disqualified.
- g) Points awarded by individual judges will be added for each speaker.
- h) The speaker will be adjudged on the basis of appropriate gesture, emotions, intonation and presentation.

10. **QUIZ**

- a) There will be one team comprising of three members from each institution.
- b) There will be four rounds.
- c) Three teams will contest for final round.
- d) The screening test will be conducted to shortlist the five teams for the following rounds.
- e) *These rounds will comprise:*
 - ROUND I – National/ International Affairs*
 - ROUND II – General Aptitude*
 - ROUND III – Audio-Visual Round*
 - ROUND IV- Sikh History**(The first two rounds are for the semi-final and next two rounds are for the final)*
- f) After the second round, three teams securing highest marks will be selected for the final round .
- g) Each question of first & second round will carry 10 marks and third & fourth round will carry 20 marks.
- h) In case of any discretion, final decision will be taken by the quiz master.

11. **SCIENCE MANIA (WORKING MODELS/NON- WORKING MODELS)**

- a) There should be at least 2 members in the team. Maximum members should be 4.
- b) Students should carry their own laptops and accessories required.
- c) Entries should be certified by Director/Principal/Head of University/School/College mentioning that the models prepared for presentation are purely their own work and are not copied from any source.
- d) Scientific fraud and misconduct are not condoned at any level of research or competition and includes plagiarism, forgery.
- e) Every participants at the initial stage should submit an abstract of maximum 200 words and a synopsis of maximum three pages comprising of:
 - a. Basic Idea
 - b. Relevance
 - c. Short description of the model
 - d. Cost estimation
 - e. Impact on society/industry
- f) Each team is encouraged to appoint a team leader to coordinate the work and act as spokesperson. However, each member of the team should be able to serve as spokesperson, be fully involved with the model, and be familiar with all aspects of the model. The final work should reflect the coordinated efforts of all team members and will be evaluated using similar rules and judging criteria as individual model.
- g) The participants should submit full names of all team members and the name of the institute in the abstract.

- h) All the participants of the Model will have to report on the exhibition day at the venue and keep the models ready and working well before the specified time.
- i) Participants reporting late will not be allowed to participate in the competition.
- j) The participants should be present with their models at the time of assessment/evaluation and are expected to answer the questions posed by the judges.
- k) The judges have full authority to disqualify a project exhibited in an incorrect group, and certificate of participation will not be awarded for such disqualified models.

12. COLLAGE MAKING

- a) Time allowed is one hour.
- b) The participants are required to bring magazines, scissors, cutter, gum paste etc.
- c) The collage should be theme based.
- d) Each team should consist of maximum of two participants.
- e) Use of pen and pencil will be prohibited.
- f) Name and age of participant as well as School/College/University name and address must be clearly mentioned on the back of collage in the English Language.
- g) Theme of collage:
 - a) Digital India
 - b) Gender Equality

13. POSTER MAKING

- a) Time allowed will be 2 hours.
- b) The participants are required to bring their own materials.
- c) Drawing / painting must be minimum on paper size of A3 (297 x 420 mm) or A2 (420 x 594 mm).
- d) Acceptable tools of drawing / painting include pencil, crayon, water color, oil paint, computer drawing, etc. Photographs, wires, and other 3D objects are not acceptable. The completed artwork must be on a flat piece of paper.
- e) The drawing / painting must not represent any particular individual, organization, or brand name and must not depict any religious theme.
- f) Name and age of participant as well as school/college/University name and address must be clearly mentioned on the back of poster in the English Language.
- g) Theme of Poster:
 - a) Social Implications of Technology
 - b) Religion and Science.

14. KAVITA/ POETRY RECITATION

- a) Each institution can send only one student.
- b) The time limit will not be more than 5 minutes. The first bell will go at 4 minutes.
- c) The medium of recitation can either be English or Punjabi.
- d) The theme of the competition should be exclusive to the life of Guru Gobind Singh ji.
- e) The contestants can recite their own poetry or poetry written by any other poet.

15. CREATIVE WRITING (POETRY, SHORT STORY, ESSAY WRITING)

- a) There can be maximum of 3 participate from an institution(one for each)
- b) The topic will be given on the spot.
- c) Language can be English, Punjabi & Hindi.
- d) Time limit will be 90 min .
- e) The theme of the competition will be exclusively related to Sikhism

16. GATKA

- a) Each team will consist of 8-10 players including three fighters.
- b) The duration for demonstrating the skill is 8-10 minutes.
- c) Play Area: Circular ground with diameter of 30 feet (radius 15 feet) where two Gatkebaaz shall compete with each other.
- d) The winners will be decided through the pattern given below:
 - I. Disciplinary movements.
 - II. Difficulty of movements.
 - III. Fine Coordination.
 - IV. Proper Command

17. KAVISHRI

- a) There can be 2 to 3 participant .Up to 4 minutes will be given and a warning bell will buzz at 3 minutes.
- b) No instrument is allowed.
- c) It should be composed by a traditional poet and traditional kavishri singing should be followed.
- d) The theme of the competition should be exclusive to the Sikh history.

18. TUG OF WAR

- a) The team will consist of 12 players out of which 9 players will be playing.
- b) Participants should be in proper kit.
- c) Wrapping the rope around any body part will not be allowed.
- d) One team pulling the other team first beyond the mid line will be the winner.
- e) Direction of pull will be decided by toss
- f) Weight Categories will be as Follows:-
- g) NOTE: - The weight categories are mentioned on the basis of total weight of playing members

BOYS/ GIRLS	BOYS /GIRLS
540Kg to 630Kg /495 Kg to 585 Kg	540Kg to 630Kg/ 495 Kg to 585 Kg

19. CHESS

- a) All the competitors must have their own chess board.
- b) Maximum two participants from one institution can take part in competition.
- c) After the last date of registration or during the competition no entry will be entertained.
- d) International Chess rules and regulation will be applied for the competition.
- e) Players are expected to make a move within 05 minutes, failing which competitor will considered as a loser.
- f) Total time of the Game will be not more than one Hour.
- g) Competition will be based on Knockout Type of Fixture. (Depends upon the number of entries)
- h) All the registered competitors must come in time. The entry will be cancelled 10 minutes after the call.

20. ONLINE GAMING

I. Call of duty

- a. Each Team must have 5 members
- b. Game Type: Team death match
- c. Side Selection by knife round / coin toss, at admin discretion

- d. Non-standard game settings or third party applications that affect game play are not permitted. Players found using either will be penalized at the administrators' discretion. Unfair play not allowed.

ii) Need for Speed Most Wanted

Game Version: NFS Most Wanted 1.3

General rules

- a. Competition Method: one player per institution
- b. Game Type : Circuit
- c. Other controllers, Steering Wheel allowed
- d. At the end of each match, players must maintain the final screens and receive confirmation from a referee.
- e. Winning a race: The winner of a race is the first player to complete 5 laps of the circuit course and cross the finish line.
- f. Graphic settings such as motion blur can be set using external utilities.
- g. The use of Porsche GT and BMW M3 are NOT allowed.

Car Settings

- a) Visual Upgrade allowed.
- b) Part, Performance (Pro, Super Pro, Ultimate) allowed, Junkman not allowed
- c) Personal save files are NOT allowed.
- d) Cars may be tuned before racing each course.

21. MALWAI GIDDHA

- a) Every college can send only one team.
- b) The total number of participants in each team shall be between 12 to 15 which shall include the accompanists who should not be more than 3 in number.
- c) Only the students will perform the '*Boliyan*'.
- d) The accompanists can only play the instruments and shall not take part in any other activity during the performance.
- e) If all the members in the team are students then all of them can perform and recite the '*Boliyan*'.
- f) The participants are allowed to wear only '*Chadra, Kurta*' and '*Pagg*' that represent the culture of Punjab. The participants can also wear '*Kaintha*' and '*Taveet*'.
- g) The musical instruments such as "*Chimta*" "*Kaato*", "*Dande*", "*Gadwa*", "*Dholki*", "*Algoza*", "*Tumbi*", "*Tumba*" and "*Bhugdu*" etc. can be used. The use of drum (*dhol*) is not allowed.
- h) There should not be any obscenity or vulgarity in the lyrics of the "*Boliyan*".
- i) Each team will be given 5 minutes to set the stage.
- j) Time will be counted either from the movement of the participants on the stage or the first beat of the *dholki*.
- k) The first alarm will be rung after 9 minutes of the commencement of the performance.

22. GIDDHA

- a) Every college can send only one team which shall be comprised of a maximum of 11 students and one drummer. The number of students shall not be less than 10. If the drummer is one of the students then the team shall comprised of 12 students/ participants.
- b) The use of Drum (*Dhol*) is not allowed.
- c) Each team will be given 5 minutes to set the stage.
- d) Time will be counted either from the movement of the participants on the stage or the first beat of the *dholki*.
- e) The first alarm will be rung after 9 minutes of the commencement of the performance.

- f) There should not be obscenity and vulgarity in the lyrics of the '*Boliyan*'
- g) The *Boliyan* should be recited with clarity.
- h) Only the participants can route the lyrics of the *Boliyan*.
- i) Only the props representing the culture of Punjab shall be brought on the stage.
- j) The judgement will be based on the various factors like costume, makeup, presentation, theme, rhythm and deliverance of *Boliyan* and the over all presentation of the performance.

23. **BHANGRA**

- a) Every college can send only one team which shall be comprised of 8 students and 4 accompanists. Students can also act as accompanists.
- b) Five minutes shall be given to each team to set the stage. 10 minutes shall be given for the performance. Team should enter and leave the stage on the specified time. The first alarm will be rung after 9 minutes of the performance.
- c) There should not be obscenity and vulgarity in the lyrics of the '*Boliyan*'.
- d) The *bolian* should be in accordance with the rhythm and beat of Bhangra.
- e) The following forms of *Bhangra* like "*Jhumar*" "*luddy*" "*Mirza*" *Dhamal*, *fumdiyan*, etc. should only be perform.
- f) While entering the stage, *Lok Saaj* can be used.
- g) Only a student can act as a play back singer in the performance.
- h) The musical instruments such as "*Chimta*, *Kaato*, *Sapp*, *Khunde*, *Algoze*, *Tumbi*, *Dhol* etc. can be used.
- i) The judgement will be based on various factors such as costume, makeup, presentation, music, rhythm and deliverance of *Boliyan* and the overall presentation of the performance

24. **FOLK ORCHESTRA**

- a) The team shall consist of up to 12 participants.
- b) The group can consist of all boys or all girls or combined.
- c) The duration of the performance will be 8-10 minutes and the warning bell will buzz at 9 minutes.
- d) Up to three professional accompanists are allowed.
- e) The team may present preferably those the folk tunes of Punjab.
- f) Folk Instruments allowed are Dhol, Dholak (Dholaki), Duffli, Ghara, Bughchu, Dhad, Chimta, Khanjri, Manjeera, Ghungroo, Algozas, Been, Wanjhali, Sarangi, Dotara, Toombi, Nagara, Duff, Kato, Sapp, Toomba, Sankh etc.
- g) Judgement shall be based on the selection of the instruments, folk tunes, performance and costumes.

25. **GROUP SHABAD**

- a) There can be 5 to 8 participants.
- b) Only 3 accompanists shall be permitted.
- c) Time limit for performance will be 6-8 min and a warning bell will ring at 07.00 min. 3 Minutes will be given for stage setting.
- d) Shabad kirtan should be according to the Ragas of Sri Guru Granth Sahib. No filmy/light tunes are allowed.
- e) Importance shall be given to Sur, Taal and over all expressions.

26. GEET/GHAZAL SOLO

- a) One participant is permitted per institution.
- b) Up to 5 minutes will be given to each participant and a warning bell will buzz at 4 minutes.
- c) Harmonium is allowed.
- d) Theme of item should not be cheap or vulgar.
- e) A recorded tune is not allowed.
- f) Up to 3 accompanists are allowed.

27. FOLK SONG/ LOK GEET

- a) The time limit shall be 5 minutes. Warning bell will buzz at 4 minutes.
- b) Two accompanists are allowed.
- c) Folk song can be presented on recorded tune.
- d) In Folk song only folk instruments can be used such as Tumbi, Sarangi, Algozze, Ghara, Chimta, Bughdu, Sapp, Kato, Daphali, Garrwa, Khartal, Been, Sankh, Nagara etc.
- e) Use of Harmonium is permitted.

28. VAAR GAYAN

- a) There can be upto 4 participants.
- b) Up to 5 minutes will be given and warning bell will buzz at 4 minutes.
- c) Only 2 accompanists are allowed and in the case of student accompanists they can contribute singing also.
- d) Use of Sarangi and Dhad is allowed.
- e) Theme of the vaar should be related to the noble deeds and achievements of Sri Guru Gobind Singh ji, Baba Ajit singh, Baba Jujhar Singh, Baba Zorawar Singh, Baba Fateh singh , Maharaja Ranjit Singh, Bhai Bachittar singh , Sardar Hari Singh Nalua etc.

29. Group Song (Indian)

- a) Time limit for performance is 8-10 min in which Initial 7 Minutes will be for main song and last 3 minutes for recorded or non-recorded folk song and the warning bell will ring at 9 min. 3 minutes will be given for stage setting.
- b) Judgement would purely be on the basis of song composition and quality of singing.
- c) There can be 5 to 8 participants.
- d) Maximum 3 accompanists are allowed.
- e) No Bollywood music/tune is allowed.

30. SKIT

- a) Each college can send only one team.
- b) The time limit will not be more than 10 minutes. The first alarm will ring after 9 minutes from the commencement of the performance.
- c) The number of students participating shall not be more than 6.
- d) Playback song can be played live or can also be recorded.
- e) The skit should be satirical and humorous in nature.
- f) The judgment will be based on the following factors: the selection of the relevant and appropriate issue, fine acting skills, costumes and make up, overall presentation and impact of the performance.

31. MIMICRY

- a) Each college can send only one student.
- b) A maximum of 5 minutes will be given for the performance. The first bell will go at 4 minutes.
- c) The contestants can present mimicry of any inanimate things or of any famous personality and celebrities.
- d) The judgment will be based on, the ability to mimic, the modulation and intonation of voice and the overall impact of the performance.

32. MIME

- a) Each college can send only one team.
- b) The time limit will not be more than 5 minutes. The first alarm will ring after 4 minutes from the commencement of the performance.
- c) The number of students participating shall not be more than 6.
- d) Playback song can be played live or can be recorded.
- e) The judgment will be based on the following factors: the selection of the relevant and appropriate issue, aesthetic appeal of the performance, appropriate music and overall impact of the performance.

33. DEBATE

- a) Each educational institution can send a team comprising 2 debaters/ contestants, one for and the other against the motion.
- b) The time limit will be 4 to 5 minutes. The first bell will go at 4 minutes.
- c) The first speaker will have to windup the debate at the end. He/she will be given 1 minute to do so.
- d) Unparliamentarily language will invite disqualification.
- e) The speakers can speak in English or Punjabi.
- f) The judgment given by the judges will be considered final.
- g) The topic for the debate will be announced 24 hours before the event.